SUBJECT	RECEPTION	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
PSHCE Aut 1	All about me Classroom Rules; behaviour, listening, looking after each other, personal safety in school Protected characteristics Rights and Responsibilities	How do we decide how to behave? Class rules; respecting others' needs; behaviour; listening; feelings and bodies can be hurt Protected characteristics Fundamental British values Rights and Responsibilities	How can we help? Group and class rules and why they are important; respecting own and others' rights and need; privacy; looking after the environment Protected characteristics Fundamental British values Rights and Responsibilities	What are we responsible for? Responsibilities; rights and duties at home; in school and the local environment; how actions affect self and others <i>Rights and</i> <i>Responsibilities</i>	How can we stay safe online? Digital footprint. Keeping our information private, who and how to how to ask for help. Safety and Risk	What makes a community? What it means to be in a community; groups and individuals that support the local community; voluntary, community and pressure groups; appreciating the range of identities in the UK; values and customs of people living around the world <i>Protected</i> <i>characteristics</i> <i>Fundamental</i> <i>British values</i>	What makes a healthy and happy relationship? Different relationships; what makes positive; healthy relationships; recognise when relationships are unhealthy; committed; loving relationships (including marriage, civil partnership); human reproduction, puberty Feelings and Friendship
Aut 2	What is Bullying?	What can we do with money?	What is bullying?	What are the rules that keep us safe?	How can we keep safe in our local area?	What does discrimination mean?	Cont.

	Building constructive and respectful relationships, expressing feelings and being respectful of others, regulating behaviour. Feelings and Friendship	Where money comes from; spending; saving; keeping money safe <i>Money</i>	Hurtful teasing and bullying is wrong, what to do about bullying; unsafe secrets; inappropriate touch; what to do if it happens Feelings and Friendship	Importance of school rules for health and safety; hygiene routines; difference between appropriate and inappropriate touch; how to respond; keeping safe in local environment; how to get help in an emergency; people who help them stay safe Safety and Risk	Managing risk in familiar situations and the local environment; feeling negative pressure and managing this; recognising and managing dares; actions affect themselves and others; people who help them stay healthy and safe <i>Safety and Risk</i>	Actions can affect self and others; discrimination, teasing and bullying; stereotypes; differences and similarities between people; equalities <i>Protected</i> <i>characteristics</i> <i>Rights and</i> <i>Responsibilities</i>	
Spring 1	How can we stay safe online?	How do we keep safe? Keeping safe in familiar	How can we keep safe in different	How can we describe our feelings?	What is diversity?	How can we manage our money?	What are human rights?
	Age ratings on games, using devices safely	and unfamiliar situations; household products (including medicines) can be harmful; secrets and	places? Rules for keeping safe in different	Different kinds of feelings; strategies to manage	Difference and diversity of people living in the UK; values and customs	About the role of money; ways of managing money;	Why and how laws are made; taking part in making and
	Safety and Risk	surprises; appropriate/inappropriate touch; who helps keep us safe; asking for help Safety and Risk	places; including online; people who work in the community; asking for help; including in an	feelings; change and loss; recognising how others are feeling; sharing feelings Feelings and	of people around the world; stereotypes Protected characteristics Fundamental	being a critical consumer; that images in the media do not necessarily reflect reality	changing rules; importance of human rights; rights of the child; right to protect their
			emergency Safety and Risk	Friendship	British values	Money	bodies (including FGM or forced

					Identity		marriage); confidentiality and when to break a confidence <i>Protected</i> <i>characteristics</i> <i>Fundamental</i> <i>British Values</i> <i>Rights and</i> <i>Responsibilities</i>
Spring 2	Who are we and	How do we work as a	How can we be	What can we do	How can we be a	What choices	How can money
	who shelps us?	team?	healthy?	about bullying?	good friend?	help health?	affect us?
	We are all different and we are all special, groups we belong to, who looks after us at school, home, out and about, who can we ask for help Fundamental British Values	Responsibilities; rights and duties at home; in school and the local environment; how actions affect self and others <i>Fundamental British</i> <i>Values</i> <i>Rights and Responsibilities</i>	Things that keep bodies and minds healthy (activity, rest, food); hygiene routines; healthy choices Health	Recognising bullying; how to respond and ask for help; people who help them stay healthy and safe Feelings and Friendship	Recognise wider range of feelings in others; responding to feelings; strategies to resolve disputes; negotiation and compromise; resolving differences; feedback Health	What makes a balanced lifestyle; making choices; what is meant by a habit; drugs common to everyday life; who helps them stay healthy and safe Health	Finance and its role in people's lives; being a critical consumer; what is meant by interest, loan, debt, tax; how resources are allocated and how this affects individuals, communities and the environment; research and debate health
	ldentity						and wellbeing issues

							Money
Summer 1	How can we be healthy? Managing basic hygiene and own needs, regular physical activity, healthy eating, tooth brushing, screen time, sleep, road safety Health	How do we feel? Different kinds of feelings; strategies to manage feelings; change and loss Feelings and Friendship	What is the same and different about us? Recognise what they are good at; set simple goals; growing; and changing and being more independent; naming body parts correctly (including external genitalia); belonging to different groups <i>Protected</i> <i>characteristics</i> <i>Identity</i>	How can we eat well? What makes a balanced lifestyle; balanced diet; making choices; what influences choices Health	How do we grow and change? Changes that happen at puberty; keeping good hygiene; describing intensity of feelings to others; managing complex emotions; different types of relationships; what makes a healthy relationship (friendship); maintaining positive relationships; who is responsible for their health and wellbeing; to ask for advice Feelings and Friendship	How can we be safe online and using social media? Keeping safe and well using a mobile phone; strategies for managing personal safety online; managing requests for images; personal boundaries; Safety and Risk	How can we stay healthy? What positively and negatively affects health; informed choices; balanced lifestyle; how drugs can affect health and safety; the law and drugs; who is responsible for their health and wellbeing Health
Summer 2	Who am I?	What makes us special?	How do we show our feelings?	What jobs would we like?	Cont.	What makes us enterprising?	How can we manage risk?
	Challenging	Respecting similarities and					
	stereotypes and	differences between people; special people;	Different kinds of feelings;	What is meant by stereotypes; what		Different ways of achieving and	Increased independence

negative attitudes, promoting a positive attitud to difference. Reflecting on o achievements Protected characteristics Fundamental British values Identity	strategies to manage feelings; change and loss; recognising how others are feeling; sharing feelings Feelings and Friendship	it means to be enterprising; working collaboratively to the shared goals; recognise achievements and set targets <i>Protected</i> <i>characteristics</i> <i>Money</i>	celebrating personal goals; high aspirations; growth mind-set; setting up an enterprise; what enterprise means for work and society <i>Money</i>	and responsibility; strategies for managing risk; different influences; resisting unhelpful pressure; personal safety; managing requests for images; how anti- social behaviours affect wellbeing; how to handle anti-social or aggressive
				how to handle anti-social or
				Safety and Risk